How to read „ADD is curable”

1. **I have got no time at all**

I recommend the book to my students or patients and let them report back.

1. **I am a professional and want a short orientation (1min)**

I want to check, what medication is best for this subtype of ADD/ADHD or what combination of drugs may improve the therapy outcome, so I check the graphic on page 152

1. **I have got ADD/ADHD and want to understand what this is about (30min)**

I just read the bold types which tell the compressed content

1. **I have scanned the book and want to understand a chapter (10min)**

I want to improve my knowledge about a special chapter

1. **I am concerned about my child and want to read it all (3hrs)**

After screening the book, I jump back to separate chapters, so in the end I have read the book from cover to cover

1. **I am a medical student and want to understand it all (6hrs)**

My professor is a stern guy, so I have to read and understand, re-read and learn all by heart and prepare for a tricky exam

**This book is to be published in English**

The original title is “ADS ist heilbar”, published in 8.2019 in Germany by GTVH (Penguin Random House) and bestselling book on ADD/ADHD

